

a plurality of skating wheels rotatably mounted on the frame for rotation in a common plane,

at least one counter-rotatable braking device rotatably attached to the frame comprising means to allow rotation of the device in one direction and to resist rotation in the other direction, and

at least one braking wheel rotatably attached to the frame forward of the skating wheels by means for mounting the braking wheel which allow displacement of the axis of the braking wheel in a direction approximately in line with the axis of the braking device and which allow the braking wheel to contact the braking device, such that when both the front skating wheel and the braking wheel are in contact with the skating surface, the contact point between the braking wheel and the braking device is approximately vertically above the contact point between the braking wheel and the skating surface.

8. (amended) The in-line roller skate of Claim 1 wherein the mounting means allows displacement of the axle of the braking wheel in an upward direction inclined approximately twenty-five degrees rearward from vertical.

15. (amended) A method of allowing an in-line roller skate to roll on a skating surface in one direction and to resist rolling in the other direction, the skate comprising a boot for supporting the foot of a user, a frame secured to the boot and a plurality of skating wheels